

Vicksburg Warren School District
ELEMENTARY LUNCH MENU
FEBRUARY 2010

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| Feb - 1 Beef TACO with Crispy Shell CHICKEN AND DUMPLINGS CHEF SALAD CORN ON THE COB SEASONED CABBAGE FIELD PEAS FRESH GRAPES ORANGES HALVES MIXED FRUIT CORNBREAD Variety of Milks FRUIT JUICE TACO SAUCE HOT SAUCE | Feb - 2 HAMBURGER CHICKEN GUMBO OVER RICE FRUIT AND YOGURT PLATE OVEN FRIES SOUTHERN GREENS RAW VEGGIES WITH DIP PINEAPPLE TIDBITS FRESH FRUIT BOWL FRUIT JUICE MILK,VARIETY KETCHUP MUSTARD MEXICAN CORNBREAD | Feb - 3 CHILI CON CARNE WITH BEANS TUNA SALAD with Crackers CHICKEN PATTY SANDWICH WHOLE KERNEL CORN VEGETABLE STICKS ROSEY APPLESAUCE FRESH FRUIT BOWL ASSORTED FRUIT JUICE VARIETY OF MILK MAYO MUSTARD KETCHUP SOUTHERN MISSISSIPPI CORNBREAD | Feb - 4 SPAGHETTI WITH MEAT SAUCE CHEF SALAD Ham and Cheesy Wrap GREEN BEANS LEMON-GLAZED CARROTS OVEN-BAKED POTATO WEDGES CHILLED PEAR SLICES TROPICAL FRUIT MIX WHOLE WHEAT ROLL FRUIT JUICE,ASSORTED MILK,VARIETY KETCHUP MUSTARD MAYO | Feb - 5 PIZZA WITH VARIETY OF TOPPINGS CHEF SALAD CHICKEN SALAD SANDWICH WHOLE KERNEL CORN SALAD,TOSSED CALICO FRUIT FRESH FRUIT BOWL Variety of Milks FRUIT JUICE,ASSORTED ASSORTED JELLO WITH WHIPPED TOPPING RANCH DRESSING CRACKERS |
| Feb - 8 STEAK FINGERS HOT DOG CHEF SALAD RICE OVEN-BAKED POTATO WEDGES SEASONED GREEN BEANS PINEAPPLE TIDBITS FRESH ORANGE SMILES WHOLE WHEAT ROLL MUSTARD KETCHUP Variety of Milks FRUIT JUICE | Feb - 9 CHICKEN PATTY SANDWICH TUNA SALAD with Crackers CHICKEN TETRAZZINI CALIFORNIA VEGGIES SEASONED LIMA BEANS FRESH KIWI WEDGES BANANA BERRY BLEND Variety of Milks FRUIT JUICE KETCHUP MAYO MUSTARD YEAST ROLL | Feb - 10 BBQ CHICKEN CHEF SALAD HAMBURGER MASHED POTATOES CHEESY BROCCOLI VEGETABLE STICKS CHILLED PEACH SLICES FRESH FRUIT BOWL WHOLE WHEAT ROLL Variety of Milks FRUIT JUICE MUSTARD KETCHUP | Feb - 11 FISH SANDWICH CHEF SALAD Hamburger steak w/ BROWN GRAVY MASHED POTATOES SALAD,TOSSED HOT CINNAMON APPLES BLUSHING CHILLED PEARS MIXED FRUIT WHOLE WHEAT ROLL Variety of Milks FRUIT JUICE TARTAR SAUCE KETCHUP MUSTARD RANCH Dressing | Feb - 12 CHICKEN NUGGETS CHEF SALAD LOADED BAKED POTATO Yam Patty CHEESY BROCCOLI Frozen Juice Bar, Cherry Apple FRESH ORANGE SMILES FRESH FRUIT BOWL YEAST ROLL Variety of Milks FRUIT JUICE KETCHUP SAUCE,VARIETY,DIPPING PCMC GRAVY |

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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|---|--|--|---|--|
| Feb - 15 Beef RAVIOLI TUNA SALAD BBQ RIB SANDWICH GREEN BEANS SALAD, TOSSED TATER TOTS CHILLED PEAR SLICES FRESH FRUIT BOWL Texas Toast Variety of Milks FRUIT JUICE KETCHUP ASSORTED JELLO | Feb - 16 Ham and Cheese on Bun CHICKEN PARMESAN CHEF SALAD WHIPPED POTATOES CALIFORNIA VEGGIES PINEAPPLE TIDBITS FRESH FRUIT BOWL Variety of Milks FRUIT JUICE KETCHUP MUSTARD MAYO WHOLE WHEAT ROLL | Feb - 17 RED BEANS AND RICE WITH SAUSAGE CORN DOG NUGGETS CHEF SALAD VEGETABLE STICKS SALAD, TOSSED FRESH PEARS FRESH BANANAS Variety of Milks FRUIT JUICE MUSTARD KETCHUP RANCH Dressing ASSORTED SHERBERT | Feb - 18 Beef TACO with Crispy Shell BREADED CHICKEN FIESTA MELT CHEF SALAD SAN ANTONIO BEANS MEXICALI CORN ROSEY APPLESAUCE FRESH PLUMS Variety of Milks FRUIT JUICE TACO SAUCE YEAST ROLL | Feb - 19 Pizza, Pepperoni WG Chicken Salad Salad VEGETABLE STICKS CORN ON THE COB GARDEN SALAD WITH DRESSINGS MANDARIN FRUIT CUP Fresh Watermelon Chunks Variety of Milks FRUIT JUICE SALAD DRESSING, ASSORTED |
| Feb - 22 CHICKEN TETRAZZINI FRUIT AND YOGURT PLATE SLOPPY JOE ON BUN GREEN BEANS SEASONED CABBAGE QUICK BAKED POTATOES FRESH FRUIT BOWL CALICO FRUIT CORNBREAD Variety of Milks FRUIT JUICE KETCHUP | Feb - 23 CHICKEN PATTY SANDWICH TUNA SALAD CHICKEN GUMBO OVER RICE TATER TOTS SOUTHERN GREENS FRESH FRUIT BOWL Pear and Kiwi Medley Variety of Milks FRUIT JUICE KETCHUP MUSTARD MAYO CORNBREAD | Feb - 24 SOUTHERN FRIED CHICKEN Ham and Cheese Wrap CHEF SALAD PARSLEY BUTTERED NEW POTATOES CALIFORNIA VEGGIES WALDORF FRUIT SALAD CHILLED PEACH SLICES WHOLE WHEAT ROLL Variety of Milks FRUIT JUICE MUSTARD MAYO | Feb - 25 HAMBURGER CHEF SALAD SPAGHETTI WITH MEAT SAUCE OVEN-BAKED POTATO WEDGES BROCCOLI AND CAULIFLOWER POLONAISE TROPICAL FRUIT MIX FRESH FRUIT BOWL Variety of Milks FRUIT JUICE KETCHUP MAYO MUSTARD WHOLE WHEAT ROLL | Feb - 26 Beef TACO with Crispy Shell CHICKEN AND DUMPLINGS CHEF SALAD CORN ON THE COB SEASONED CABBAGE FIELD PEAS FRESH GRAPES ORANGES HALVES MIXED FRUIT CORNBREAD Variety of Milks FRUIT JUICE TACO SAUCE HOT SAUCE |

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